




JANUARY JEFFERSON COUNTY SCHOOLS BREAKFAST/LUNCH MENU 2024

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
 CEP All students eat breakfast and lunch free.	School Closed Salads are available daily if not a different entrée' should be available. National Soup Month	 Staff Development	<i>Harvest of the Month Greens</i> Staff Development	Popcorn Chicken Biscuit Assorted Cereal 100% Fruit Juice-Pears Cheeseburger Lettuce/Tomato/Pickles Baked Wedges Vegetable Juice Slice Peaches/Fruit Cup
Pillsbury Pancakes 8 Assorted Cereal Applesauce – Mixed Fruit Chicken Strips/Roll Black Eye Peas Mash Potatoes Slice Peaches Applesauce Cup	Sausage Biscuit 9 Assorted Cereal 100% Juice – Mandarin Oranges Salisbury Steak Rice/Cornbread Turnips/ Lima Beans Fruit Cup/Apple Slices	French Toast Sticks 10 Eggs Assorted Cereal 100% Juice – Fresh Fruit Pizza Glazed Carrots Broccoli Peaches/Fruit Cup	Waffle/Chicken Nuggets 11 Assorted Cereal 100% Juice – Peaches Chicken Fajita/Tortilla Lettuce/Tomato/Cheese Corn/Black Beans Seasonal Fresh Fruits	Breakfast Pizza 12 Assorted Cereal 100% Juice – Fresh Fruit Seasoned Wings/Roll Fresh Celery Sweet Potato Fries Vegetable Juice Seasonal Fresh Fruits
HOLIDAY 15 	Biscuit/Sausage 16 Assorted Cereal 100% Juice – Applesauce Cups Chili w/cheese/Saltines Baked Potato/Broccoli 100% Juice Seasonal Fresh Fruit	Waffles/Sausage 17 Assorted Cereal 100% Juice – Peaches Steak Sandwich Lettuce/Tomato Broccoli Sweet Potato Fries Sidekicks/Fruit Cup	Chicken Biscuit 18 Assorted Cereal 100% Juice – Kiwi Baked Pork chop/Roll Macaroni & Cheese Cabbage/Sweet Potato Seasonal Fresh Fruits	French Toast Sticks 19 Eggs Assorted Cereal 100% Juice – Fresh Fruit Cheeseburger Lettuce/Tomato/Pickles Baked Wedges/VJ Slice Peaches/Fruit Cup

Steak Nuggets 22	Pillsbury Pancake Mini's 23	Breakfast Pizza 24	French Toast Sticks 25	Chicken Nuggets/Biscuit 26
Biscuit Assorted Cereal 100% Fruit Juice-Peaches Chicken Strips/Roll Green Beans Mash Potatoes 100% Fruit Juice Mandarin Oranges	Assorted Cereal 100% Juice – Fresh Fruit Chicken Alfredo Breadsticks Garden Peas Glazed Carrots Orange Wedges/Slice Pears	Assorted Cereal 100% Juice –Pears Corndog Vegetarian Beans Sweet Potato Fries Seasonal Fresh Fruit Fruit Cup	Sausage Assorted Cereal 100% Juice – Fresh Fruit Baked Chicken Cabbage/Black Eye Peas Cornbread Fruit Cups Baked Apples	Assorted Cereal 100% Juice - Peaches Chicken Fillet Broccoli Tomato/Pickles Baked Fries Mixed Fruit Seasonal Fresh Fruit
Sausage Biscuit 29	Chicken Biscuit 30	Pancake/Sausage 31		
Assorted Cereal 100% Fruit Juice-Peaches Chicken Strips/Roll Garden Peas Mash Potatoes Slice Peaches Fresh Fruit	Assorted Cereal 100% Fruit Juice – Pears Chicken Noodle Soup Carrots Broccoli Gold Fish Crackers Grape Juice Fruit Cup	Assorted Cereal 100% Fruit Juice – Fresh Fruit Pizza Toss Salad Black Bean & Corn Salsa Vegetable Juice Seasonal Fresh Fruits		

An assortment of low fat and fat free milk is offered daily with all meals. Lactose free milk is available if needed upon request.

Disclaimer: Menus are subject to change without notice due to future nutrient analyses; the availability of USDA commodities and/or unavailability of certain purchased food products.

This institution is an equal opportunity provider.